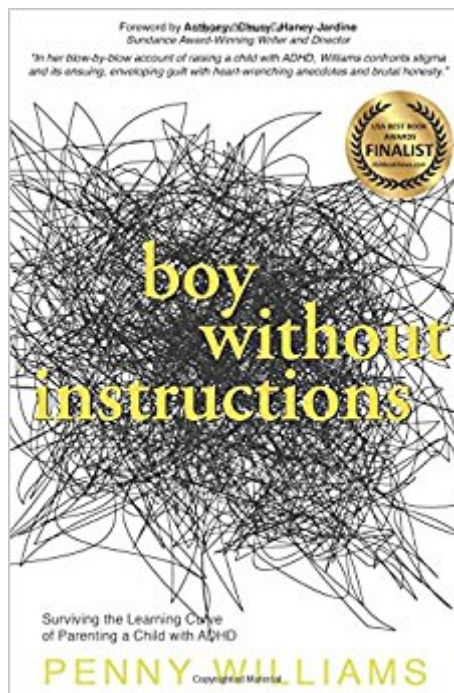




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# Boy Without Instructions: Surviving The Learning Curve Of Parenting A Child With ADHD.



## Synopsis

#1 Best Seller on Amazon! A 2014 USA Best Book Awards Winner: A Finalist, Parenting & Family Most books on ADHD don't dare expose the genuine grit of the moment-by-moment peaks and valleys of this special parenthood -- the gut-wrenching, crying on the bathroom floor, feeling like you're losing your mind truth of the matter that is learning to successfully parent a child with ADHD. *Boy Without Instructions: Surviving the Learning Curve of Parenting* a child with ADHD changes that. Williams shares her unfiltered thoughts and emotions during her progression through this learning curve during this harrowing ride. Right before your eyes, this initially grief-stricken momma transforms from obsessed-with-ADHD control-freak and helicopter mom to optimistic and (mostly) confident parent of a child who happens to have ADHD. *Boy Without Instructions* validates your grief and guilt, yet reveals that it's truly possible to craft a (mostly) joy-filled life for your child with ADHD, yourself, and your family.

## Book Information

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## Customer Reviews

"Read this well-written, empathetic book right away, feel less alone, and take away not only moral support but also valuable strategies for helping your child, yourself, and your family." Susan Caughman, Editor-in-Chief, ADDitude Magazine "Boy Without Instructions" reads like a novel, gripping the reader with every page, every word. But Williams isn't making up stories; she's living them. She paints a painfully realistic picture of life with a child with ADHD." Terry Matlen, Amazon Survival Tips for Women with ADHD "If you have a child struggling to scribble between the lines of a 'typical' world expectation, this book could enliven your courage to draw new lines of

adaption and acceptance for your child living with ADHD."-- Mantu Joshi, M.Div., Author of The Resilient Parent "This compassionate story will captivate your heart and feed your brain. A must read for all mothers (and fathers, too) of children with ADHD."-- Patricia O. Quinn, M.D., Developmental Pediatrician, Author of Over 20 Books on ADHD, including Putting on the Brakes "We experience joy to agony and everything in between as Williams takes us on her informative, validating, cautionary, and bittersweet adventure." -- Elaine Taylor-Klaus, CPCC, PCC; Co-Founder of ImpactADHD; Parenting Coach; and Author of ADHD in Reality

I am one of those "fix it" types of mommas -- fix the boo-boos, fix the hurt feelings, fix whatever causes my children any pain. When my son, Ricochet, was diagnosed with ADHD in 2008, at just six years old, I was devastated. There's no "fix" for ADHD. It took me more than two years to figure it out -- there's no magic bullet for ADHD either, and obsessing about finding one can only make things worse. I realized a few years after diagnosis, that there is quite a learning curve to parenting a child with ADHD, and I was finally getting to the long, (mostly) even stretch at the end of it. Parents of children with ADHD are given a diagnosis, handed a prescription, and pushed back out into the world without any guidance, and certainly without instructions. "Call us if the medication doesn't prove beneficial," they might offer. It's my mission to help parents of children with ADHD learn how to get to know their children needs meaningfully so they can guide them to a happy and success future. I want to use my joy and pain in my learning curve to help others on this journey experience it with more joy and less pain.

I loved this book. It made me realize that I wasn't alone in our journey with our son who is in 5th grade. There were disorders in this book that I had never heard of that describe my son to a tee. You can be sure that I will be asking questions at his next therapy apt.

I was looking for a book that would give me ideas in how to help my son. This is more of a memoir than anything else.

I loved this book. I completely related to Penny's story of the daily and constantly shifting challenges -- and joys -- of parenting a special needs child. I am eager to read Penny's next book, What to Expect When You're Not Expecting ADHD, and anything she writes after that! Her voice is very authentic. Reading this, I very much felt like I was talking with one of my mom friends when we get together and honestly talk about our experiences of navigating these sometimes confounding,

sometimes frustrating times. I found myself nodding in agreement a lot while reading this -- especially around her discussion of the challenges of dealing with the school system, and having to advocate steadfastly for what her child needs in order for him to have a meaningful school experience. Been there! (Heck, I am there, and will be there for the next decade plus!) Thank you for sharing your story, Penny -- your story is also the story of so many of us who are learning day by day what it takes to parent "kids without instructions".

This book has been a huge help in giving me the peace of mind that others are sharing similar experiences I have had with my ADHD son. I've pulled some helpful tidbits from the book as well in gearing up for the upcoming academic obstacle course to have some needs met for my son.

This book made me laugh and cry! As I was reading it we were literally going through some of the same hardships with school. The book make me feel as if I had someone beside me cheering me on and giving me life to keep fighting. With the IEP's and 504 committees you can often feel so alone. PENNY, you are a great mom and such an inspiration! God Bless you for writing this and sharing your story! I know both kiddos will do great in life with you by their side!!

I'm so glad I read this. We are just beginning our ADHD journey and, while my kiddo's case is not as severe and we're (so far) not dealing with other LDs on top of it, it's so helpful to read the struggles, strategies, and real thoughts of someone who has been there. Most enlightening was her discussion toward the end of Ricochet's disability and how long it took to accept that term without using it to make excuses for him. So well written and vital to anyone who feels adrift in the ADHD ocean.

This book is spot on with regard to raising children with ADHD. The author uses a narrative style that leaves you rooting for little ricochet and her family. Trust me when I say that this is the first book you should read if you want to really understand ADHD. Advocating well for your child is only possible if you understand the disorder, process and educational environment. Read this book and you will save yourself lots of trial and error. Why should my opinion matter? We have six children and the two youngest daughters (20 & 21) have ADHD. Our experiences were very similar to this author's experiences. Save yourself a lot of trial, error and stress - read this book.

This was, by far, the BEST book about being a parent to a child suffering from ADHD. I really felt

like Penny was in my head writing down all my thoughts, fears that I have for my own son. I think that every parent given a diagnosis for their child should be required to read this just so that they know that they are not alone. You should not walk to the nearest bookstore but RUN to get this book. Thank you so much to Penny for writing this insightful book. Cannot wait until the next book comes out.

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